

# Napier Connects Community Internship Workplan

Update March 2013

Project Status March 2013				
Action	Description	Progress To Date	Status	Key Dates, Milestones & Things to Follow Up on.
<b>Objective 1: Hold workshops and/or focus groups with the key community groups and service providers who have built up excellent relationships with a wide range of older people to identify the existing services that could be enhanced to increase social connectedness.</b>				
<b>1. 1 Hold workshops with key community groups</b>	Hold workshops to consult with older people to find out what services and programmes they want	<p>Action delivered.</p> <p>Established a set of questions to become part of a survey to establish what Community activity they are involved with, what prevents them being active in their community, what services they want.</p> <p>Meet with Tait Drive lunch group and completed a survey with 86% of the attendees on the day completing the survey.</p> <p>Survey results feed back to Steering committee.</p>	Completed	Survey completed 28/01/2013.



<p><b>1.2 Hold workshops with key community groups</b></p>	<p>Hold workshops to consult with older people to find out what services and programmes they want</p>	<p>Action delivered. Meet with the over 65 group at Te Kupenga Hauroa Ahuriri. An informal discussion held about what activities they are involved with and what programmes they want.</p>	<p>Completed</p>	<p>Discussion held 20/02/2013.  As a result of discussion it was established that this group was in need of a bus or van to take them to activities. This has become an action of the Steering Committee.</p>
<p><b>1.3 Hold workshops with key community groups</b></p>	<p>Hold workshops to consult with older people to find out what services and programmes they want.</p>	<p>Action delivered. Meet with Masonic Trust Knightsbridge Self care residents social group. An informal discussion held about what activities they are involved with and what programmes they want. Action delivered Meet with All Saint’s Mens Shed group to observe how they operate.</p>	<p>Completed</p>	<p>Discussion held 12/03/2013.  This meeting resulted in the group agreeing to meet with a wider group from the “World Café” to see if the two groups can establish or work collaboratively.</p>



**1.4 Hold workshops with key community service providers**

Hold workshops to identify the existing services that could be enhanced to increase social connectedness

Obtained the list of Not for Profit service providers to the elderly from DIA, who had sent out invitations to services wishing to be part of Napier Connects

Made contact with all organisations on list that had accepted invitations and made appointments to meet with them one on one.

Ongoing

Groups meet with:

- a. All Saints Taradale
- b. Citizen Advise Napier
- c. Napier District Masonic Trust
- d. Information for Disabilities
- e. HB Seafares Welfare Society
- f. NZ Red Cross
- g. Alzheimers
- h. Napier Hearing Assn.
- i. Napier Day for the Elderly
- j. Diabetes HB
- k. Taradale Senior Citizens
- l. Napier Senior Citz

The outcome of these meetings has resulted in some organisations working collabratively with Age Concern Napier to deliver services and activities.





**Objective 2: Identify the key community connectors among the older Napier population and facilitate meetings with them to determine how older people can be encouraged to volunteer and/or begin their own projects to enhance social connectedness.**

<p><b>2.1 Hold meetings with key community connectors.</b></p>	<p>Held meetings with 7 key community connectors, one on one, to determine how older people can be encouraged to volunteer and or begin their own projects to enhance social connectedness.</p>	<p>Action Completed Brain stormed with Age Concern Community Social Worker to establish these connectors. Rung each connector and invited to meet with intern and in some cases Age Concern Community Social Worker also attended.</p>	<p>Completed</p>	<p>Key Connectors meet with: RL– AVS and Elder Abuse &amp; Neglect Prevention Service. 05/02/2013 RW – Somerset Mens shed Co-ordinator. World Café Member 20/03/2013 PL – NCC Community Advisor. 21/03/2013 MB – Community Support Worker 20/02/2013 LH- World Café Member, Age Concern Committee member 15/01/2013 RR – DHB Nutrition Chairperson 05/02/2013 AR – TeKeupunga Haora Ahuriri 26/03/</p>
<p><b>2.2</b></p>			<p>Ongoing</p>	
<p><b>2.3</b></p>			<p>Completed</p>	

2.4			On track	
2.5			Completed	
2.6			Ongoing	
2.7			Completed	
			On track	
2.9			Completed	
<b>Objective 3: Hold workshops and/or focus groups with Age Concern Accredited Visitor Services (AVS) volunteers and DHB social workers to find out their views of who is most at risk, what services could be expanded and how to support older people develop their own solutions.</b>				
<b>3.1 Hold meeting with AVS volunteers</b>	Held meeting with 6 AVS volunteers to establish their view on who is most at risk, what services could be expanded and how to support older people develop their own solutions.	Action completed Obtained names of volunteers from Age Concern Volunteer Data base. Rung all AVS volunteers and invited to meeting.	Completed	Meeting held 31/01/2013  The outcome of this meeting established that most at risk were older people without transport, no family support, finances, health/mobility.  AVS visits have increased from 20 a month to 50 visits. Social Isolation Targeted at all visits.
<b>3.2 Hold meeting with DHB social workers.</b>	Held meeting with DHB social workers to establish their view on who is most at risk, what services could be expanded and how to support older people develop their own solutions.	Action completed In collaboration with Age Concern Community Social Worker a meeting was established with DHB social worker	Completed	Meeting held 05/02/2013.  The outcome of this meeting resulted in Options HB agreeing to complete a quick survey used by Age Concern Napier at to establish/ask questions of clients when completing home visits around the clients Social Community Activity.





3.3			Completed
3.4			On track
3.5			Completed
<b>Objective 4: Meet and report back to the Napier Connects Steering Group on the findings of the workshops with various groups</b>			
<b>4.1 Report to Napier Connects Steering on findings of workshops</b>	Have reported back verbally and provided written survey/questionnaire results to steering committee at monthly meetings.		On track
4.2			On track
4.3			
4.4			On track
4.5			On track