

Activity Tracker

Initiative	Activities	Evaluation- see Results Based Accountability Framework	Link with communication plan?	Link to the community connection framework?	Additional information / Notes /
<p>Increasing older volunteers</p> <p>Promoting volunteering through Age Concern Newsletter</p>	<p>From Sep 2012 a small item in Napier Age Concern newsletter about contacting office for volunteering opportunities.</p>	<p>Recording the increase in volunteers</p> <ul style="list-style-type: none"> • After Sept issue 4 new volunteers • At the end of Jan 2013 – an increase of 15 new volunteers (from 71 in Sep 2012 to 86 in Jan 2013) 	<p>Include the Napier Age Concern monthly newsletter as another communication channel promoting Napier Connects</p>		<p>SP</p>
<p>Increasing older volunteers</p> <p>Age Concern volunteer pack</p>	<p>In Jan 2013, information pack on volunteering developed and distributed by volunteers</p>	<p>Recording the increase in volunteers</p>	<p>Record as activity promoting Napier Connects</p>	<p>SP</p>	<p>SP</p>





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<p>Older people developing own solutions</p> <p>Greenmeadows Village Walkers</p>	<p>At a focus group about safety in the community held with the Greenmeadows East Village in August 2012, a resident suggested forming a walking group. Napier City Council provided high-visibility vests with Napier Connects branding.</p> <ul style="list-style-type: none"> September 2012, 8 walkers at end of Jan 2013, 11 walkers at end of May 2013, 13 walkers <p>Group are now considering other activities such as a book club</p>	<p>Focus Group (May 2013) – full write up available. Main benefits identified were:</p> <ul style="list-style-type: none"> connection with other villagers connecting with neighbours external to village (out and about) looking out for one another fluoro vests stop traffic! Key success is the informality and being able to just go! <p>Attendance and growth</p> <ul style="list-style-type: none"> There is usually at least 8 attending every fortnight The group has grown from 8 to 13 since its implementation and still growing Visit from Age Concern volunteer to see how the group works with a view to starting another group. 		<p>Older people developing their own solutions</p>	<p>Greenmeadows Retirement Village is a Napier City Council-owned village providing rental accommodation for older people with limited income and assets.</p> <p>In August 2012, Napier City Council held a focus group with the residents about their views/ concerns about community safety. Several people mentioned they did not like walking alone. Some of the walkers said they did not know their neighbours before the walking group.</p> <p>Greenmeadows Retirement Village is a Napier City Council-owned village providing rental accommodation for older people with limited income and assets.</p> <p>In August 2012, Napier City Council held a focus group with the residents about their views/ concerns about community safety. Several people mentioned they did not like walking alone. Some of the walkers said they did not know their neighbours before the walking group.</p>

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Promoting EIT mentoring	In month 2012, RR sent a letter to Rotary and Lions Clubs, Zonta and Napier RSA promoting Napier Connects along with the opportunities and benefits of older people mentoring younger people.	Out of this came the offer to speak on the topic at Rotary Club Napier and Grey Power	Record as activity promoting Napier Connects		
Promoting EIT mentoring	On 8 October 2012, Ron Rowe was the guest speaker at Rotary Club of Napier about the benefits and opportunities of older people mentoring younger people in the community	Number of EIT mentors	Record as activity promoting Napier Connects		



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<p>Increasing older volunteers EIT mentoring</p>	<p>Project began in 2012 with 4 mentors. In 2013, this has developed into pilot programme with processes built in to provide the mentors with support. All mentors under a security check.</p> <ul style="list-style-type: none"> • Five mentors for 2013 Semester One (the mentors may mentor more than one student). • Mentors providing mentoring for Tourism and Catering Students 				<p>RR and CH (DCE, EIT) have done a lot work in getting buy-in from EIT staff and management (need to assure that the mentors would not be taking the place of paid staff) as they are the people who will refer students to the mentoring programme.</p>





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Promoting	On 4 October 2012, Mayor Barbara Arnott opened the Tea and Talk session (Age Concern). She about the importance of the Napier Connects project in the community saying was a perfect community to support our seniors to better connect with the community and she encouraged everyone in the room to take part – starting with looking out for someone in their neighbourhood.	N/A	Record as activity promoting Napier Connects		Mayor Barbara Arnott became Napier’s first ‘Age Concern Dignity Champion’
Promoting EIT Mentoring	On 15 October, RR was the guest speaker at Grey Power Napier and Districts about the benefits and opportunities of older people mentoring younger people in the community	N/A	Record as activity promoting Napier Connects		RR was approached by several people interested in becoming mentors for EIT students after his talk



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<p>Engaging with older people at risk of social isolation</p> <p>Neighbourhood working bee</p>	<p>On 6 December, 23 volunteers worked on 5 properties of older people.</p> <p>It is hoped to have another working bee with Rotary and Neighbourhood Support involvement. In the longer term, the Steering Group are working towards Neighbourhood Support leading this project.</p> <p>Update May 2013 – a working bee for Marewa is planned. The project was discussed with ACC who are seeking funding to expand the project to include home safety e.g. installation of smoke alarms etc and to reach a wider target group.</p>	<p>A phone survey will be undertaken with the volunteers and the recipients to get their feedback on their experience and to identify what could be done better.</p> <p>Preliminary survey complete – just about to do a final follow-up with recipients. Will then update this section</p>	<p>Recorded as activity promoting Napier Connects</p>		<p>A proactive Youth Council member approached Natasha about a project that he had participated in while down in Wellington at the Leadership Summit (July). It involved ‘yard clean-ups’ in a particular street – young people helping those in need. He wanted to see if the Youth Council could do something similar here.</p> <p>The project provides an intergenerational opportunity for young people to be seen positively by older people and vice versa. Neighbours are invited to help with the working bee (via Neighbourhood support group if there is an active group) to encourage ongoing neighbourhood connections.</p> <p>Napier Age Concern identified from its membership those who would benefit from being recipients of the working bee.</p>

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<p>Engaging with community connectors</p> <p>World Café 5 Dec 2012</p>	<p>On 5 December 2012, a World Café was held at the Greenmeadows Community Hall. The aim was to learn about their ideas about how to improve the social connectedness of older people in Napier, and to encourage them to become active in Napier Connects</p>	<ul style="list-style-type: none"> • Feedback survey from the day (very positive) • 16 of the 19 feedback survey want to get more involved in Napier Connects 	<p>Record as activity promoting Napier Connects</p> <ul style="list-style-type: none"> • NC's feedback to the participants should be recorded as a communication activity 		



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<p>Engaging with community connectors</p> <p>Follow-up with World Café participants</p>	<p>On 14 February 2013, SK contacted 43 participants (including some who were invited but unable to attend on the day) seeking expressions of interest in meeting to discuss how to progress their ideas.</p> <p>On 12 March 2013, meeting of community connectors. Lack of transport and inaccessible infrastructure were identified as the key barriers to older people’s social connectedness.</p>	<p>15 community connectors attended the meeting on 3 March</p>	<p>Meeting notes recorded and provided to Steering Group and community connector attendees</p>		<p>Follow-up from meeting 12 March 2013</p> <p>1. Limited rotary pathway access points: Followed up by Neighbourhood support contacting Rotary Pathway Trust. Disability Information Trust evaluating pathways at present and keen to be involved in project.</p> <p>No further action to date</p> <p>2. Untapped skills of older people – investigate Men’s Sheds in Napier. 6 connectors from this meeting met with All Saints Church Men’s Shed members</p> <p>3. Transport issues: SK visited Red Cross to discuss this. No further progress although this is now becoming a priority activity</p>



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Engaging with older people at risk of social isolation	January 2013, survey of Tait Drive Lunch Group (made up of Age Concern members and Tait Drive NCC village residents) to identify their views of social connectedness in the community, what services they need, and the gaps	<p>45 people attended and 31 took part in the survey:</p> <ul style="list-style-type: none"> 97% were involved in or attend some kind of community activity 4% are, or are thinking about volunteering <p>They identified poor health and lack of transport as the two main barriers to older people participating in their community</p>			Tait Drive Lunch Group meets every Monday for socialising and lunch (which is provided by a committee volunteers).
Engaging with service providers Identifying the services they provide	<p>On 14 February 2013, SK contacted 58 service providers inviting them to find out how they could become involved with Napier Connects.</p> <p>March 2013, seven providers had been identified (Red Cross, Napier Hearing Association, Napier Alzheimers Association).</p>			Recorded on plan	



Activities continued					
<p>LM arranged to meet with representatives of each of these organisations to map what services they provide and how the organisations makes use of volunteers</p> <ul style="list-style-type: none"> • 6 March: Red Cross • 7 March: Napier Hearing Association • 8 March: Napier Alzheimers Association • XX March: Information for Disabilities • XX March: Napier Daycare of the elderly • XX March: Citizens Advice Bureau Napier • XX February: Napier Masonic Trust (see item below for more details) • XX March: All Saints Taradale • XX March: Hawkes Bay Seafarers Welfare Society • XX March: Diabetes Hawkes Bay 					

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<p>Encouraging older volunteers Volunteering Hawkes Bay</p>	<p>The Volunteering Hawkes Bay website has information posted about Napier Connects</p> <p>Volunteering Hawkes Bay have offered Napier Connects a page on their website (see separate item below for more information)</p>		Record on communications plan		
<p>Promoting Napier Connects</p>	<p>15 February 2013, Ron Rowe met with editor of Napier Mail about including items about Napier Connects</p>				<p>Provided Napier Mail with a list of Napier SGC business partners that they can approach about advertising</p>





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<p>Encouraging older volunteers Masonic Trust</p>	<p>In February 2013, LM met with the Napier District Masonic Trust about Napier Connects.</p> <p>They have agreed to include in their next newsletter an item calling for more volunteers for the Rotary Reader Programme.</p> <p>Contact details also given to Masonic Trust to see if volunteers would be part of the newspaper phone recording activities that 800 people per week access</p>		Record on communications plan		<p>The residents of Masonic villages all receive the newsletter.</p> <p>As at 11 March 2013, six residents expressed interest in volunteering, however, they needed to have transport to and from the school, which none of them have.</p> <p>Supports the information from Survey with Tait Drive Lunch group – transport one of the barriers for older people volunteering.</p> <p>SK talk about this example with the World Café connectors on 13 March meeting</p>
<p>Promoting Age Concern Expo</p>	<p>Age Concern Napier held a “Retirement Living, Retirement Planning Expo on 21 May 2013.</p> <p>Napier Connects will have a presence at the Expo</p>	Survey undertaken. Report completed. Suggestions made on how to better target socially isolated older people to engage in social services included direct promotions through health services and having more easily accessible and affordable transport	Record as activity promoting Napier Connects		<p>Napier Connects was promoted at Age Concern and RSA stands and via survey.</p> <p>The Hawke’s Bay Regional Council will include an item about the expo in the newsletter that accompanies the next rate bill.</p>



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<p>Engaging with older people at risk of social isolation</p> <p>Total Mobility Assessment extension</p>	<p>Age Concern Napier have developed a quick questionnaire to accompany the Total Mobility Assessment. The questionnaire will ask about the individual's involvement with current activities and be provided with information about the services and activities that are available.</p> <p>The two-week trial run from 4 – 18 March 2013. Seven assessments were done in this period.</p> <p>Other agencies expressed interest in the trial.</p>	<p>A follow-up interview around one month after the initial assessment will be undertaken (Lois) to see if their social connectedness has improved.</p> <p>Results of 2-week trial</p> <ul style="list-style-type: none"> • 4 people joined Age Concern • 2 people considering volunteering opportunities • 1 was terminally ill. <p>The trial confirmed to Age Concern Napier that their informal approach of providing information about opportunities to participate and volunteer do have positive effect on increasing older people social connectedness.</p> <p>They have no plans to continue with the formalised tool, but will continue with their informal approach.</p>			<p>Loss of mobility has been identified as a risk factor for social isolation. If this approach is useful in improving people's social connectedness it could be promoted to other service providers who undertake Total Mobility Assessments.</p> <p>Hawkes Bay Regional Council have agreed to the pilot (as funders of the Total Mobility)</p>

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<p>Collaboration between service providers</p> <p>Joint Age Concern / Taradale Seniors lunch</p>	<p>From 15 March 2013, Age Concern Napier and the Taradale Seniors group will run a fortnightly joint luncheon and games afternoon</p>				<p>One of the aims of Napier Connects is to increase collaboration between service providers</p>
<p>Increased participation in service providers activities</p> <p>Age Concern membership</p>	<p>Age Concern Napier are monitoring their membership as one measure of gauging the increase in participation and social connectedness</p>	<p>Feb 2012 – 7 new members</p> <p>Mar 2012 – 4 new members</p> <p>Feb 2013 – 14 new members</p> <p>Mar 2013 – 17 new members</p> <p>April 2013 – 8 new members</p>			<p>Financial members</p>





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Promoting Neighbours Day – Marewa	On 23 March 2013, to celebrate Neighbours Day, a small gathering will take place in Marewa to promote connected neighbourhoods. A small campaign promoting this event will appear in the Courier. The Napier Connects logo appears on the information publicising the event	Will get this from Neighbourhood support	Record as activity promoting Napier Connects		
Promoting Napier Connects Webpage	In development – to be up and running by end of May 2013	Monitor the number of visitors to the page	Record as activity promoting Napier Connects		
Engaging older people at risk of social isolation Taradale Neighbourhood Support – SC	In April / May 2013, SC conducted a small survey with older people in a Neighbourhood Support Group. This survey sought to find out about their involvement in activities and their willingness to be involved in other community activities	31 residents surveyed. SK completed survey report. Results provided to Steering Group for information and given to SK for his follow up.	Record as activity promoting Napier Connects		An agreement between Napier Connects and SC was developed. SC will follow-up with people who indicated they wanted to become more involved in their community (5 out of 31).
Inspiring volunteers to take the lead	Project in development				RR and RL to progress